INTERFERON GAMMA AND INTERLEUKIN-10 LEVELS IN PBMC OF ACTIVE AND LATENT TUBERCULOSIS PATIENTS AS WELL AS HEALTHY INDIVIDUALS

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ABSTRACT

Tuberculosis (TB), an infectious disease caused by a Mycobacterium tuberculosis, is still a health problem in Indonesia, and the world. One of the failures to control the TB epidemic is due to the lack of effective vaccines available today. Protective immune responses to Mycobacterium tuberculosis are dominated by cellular immunity and less by humoral immunity. IFN-γ, and IL-10 play a role in the protection of against Mycobacterium tuberculosis, and the pathogenesis of TB. Fusion antigen ESAT-6-CFP-10 has a strong antigenicity to T cells and stimulates specific cellular immune responses, thereby providing benefit in immune responses that are protective against Mycobacterium tuberculosis infection. The aimed of this study was to know the difference between IFN-γ, and IL-10 levels on PBMC culture of active TB, latent TB, and healthy people after ESAT-6-CFP-10 fusion antigen stimulation. This study used an in vitro of quasi experimental design in PBMC cultures of active TB, latent TB, and healthy people groups stimulated by ESAT-6-CFP-10 antigen fusion Mycobacterium tuberculosis. IFN-γ, and IL-10 levels were measured by ELISA method. The results were analyzed by one-way ANOVA. The mean levels of IFN-γ post-stimulation of ESAT-6-CFP-10 fusion antigens did not differ (p=0.359) in the active pulmonary TB group (0.07 - 2114), latent TB (6.84 - 1381) and healthy people 1.88 - 1807.70), as well as the mean levels of IL-10 (p=0.712) in the active pulmonary TB (16.70 - 328.80), latent TB (29.70 - 323.60 ) and healthy people (31.30 - 958). There were no significant differences in levels of IFN-γ and IL-10 in active TB, latent TB, and healthy people after stimulation by fusion antigen ESAT-6-CFP-10.

Keywords: Tuberculosis, interferon gamma, interleukin-10, fusion antigen ESAT-6-CFP-10 after-transfusion.

INTRODUCTION

Tuberculosis (TB) is an infectious disease caused by Mycobacterium tuberculosis bacteria. The disease is still considered as a global concern since one-third of the world’s population has been infected with these bacteria. TB attacked 9.6 million people and led to deaths of about 1.2 million in 2014. India, Indonesia, and China are countries with a high infected population, respectively 23%, 10% and 10%. In 2014 the incidence of TB in Indonesia even reached 399 out of 100,000 population with a mortality rate of 41 from 100,000 population.¹

TB patients with positive acid-fast bacteria smear are a source of TB infection, but only 5% -10% of exposed individuals will suffer from active TB, while others will suffer from latent TB.²³ Individuals with latent TB have a high risk of becoming active TB for life. Besides, TB is still considered as a global challenging problem to be controlled, including in diagnosing and treating individuals with latent TB who can act as reservoirs for new TB cases, especially in TB endemic areas.⁴

The failure of epidemic TB control, moreover, is also due to the ineffectiveness of available vaccines, the resistance of Mycobacterium tuberculosis to anti-tuberculosis drugs, and the lack of sensitivity and rapid diagnosis of TB.⁵ Global control, and eradication of tuberculosis require the antigenic identification of Mycobacterium tuberculosis that is useful for the specific diagnosis and development of effective vaccines for the protection of all tuberculosis. The development of a TB vaccine, thus, is expected to look for a gene product capable of providing a protective immune response to Mycobacterium tuberculosis by identifying Mycobacterium antigens that can be recognized by T cells.⁶ The use of the Bacillus Calmette-Guerin (BCG) Mycobacterium bovis vaccine, for instance, has curen-
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In addition, this research was considered as an in vitro quasi-experimental study with non-randomized post-test only controlled group design. This research was focused on the Peripheral Blood Mononuclear Cell Culture (PBMC) of the three sample groups induced by *M. tuberculosis* antigens, namely ESAT-6 and CFP-10. The specimen used was 5 mL of blood collected in a lithium heparin tube, and then PBMC isolation was performed. The density of lymphocyte cells/mL used was made up of one million cells in 1 mL of culture medium containing RPMI 1640 to which 10% Foetal Calf Serum and 1% antibiotic/antimycotic (Penstrep + Amphotericin B).

Next, to all PBMC suspensions, ESAT-6, and CFP-10 fusion antigens were added, and then incubated for 5 days at a temperature of 37°C together with 5% CO2. After the five days, the incubated PMBC suspensions were centrifuged at 1,000 g for 15 minutes. 100 μL of their supernatants were then taken, and put into 1.5 mL Eppendorf tubes. Afterward, they were stored at -70°C until IFN-γ, and IL-10 levels were examined. The levels of IFN-γ, and IL-10 after the stimulation of the ESAT-6, and CFP-10 fusion antigens were then measured by using a sandwich method of Enzyme-Linked Immunoassay (ELISA) based on the procedures of the Human IFN-γ and IL-10 U-CyTech Biosciences insert kits. After that, the differences in the mean IFN-γ and IL-10 levels between those three groups after the stimulation of the ESAT-6 and CFP-10 fusion antigens were analyzed by one-way ANOVA with a significance level of p <0.05.

**RESULT AND DISCUSSION**

The quality control of IFN-γ, and IL-10 levels was performed with an impression control technique aimed to search for within-run impression by duplicating the examination on those ten samples simultaneously. Results obtained were in the forms of Standard Deviation (SD), and Coefficient of Variation (CV). Before the research, optimization was performed first, which aimed to determine the levels of ESAT-6 and CFP-10 fusion antigens used to stimulate the optimal cytokine secretion of IFN-γ, and IL-10. The dose of ESAT-6, and CFP-10 fusion antigens used in this research was 5 μg/mL since optimal lymphocyte proliferation was obtained at the dose.

Moreover, this research was conducted for six months. The number of subjects in this research was forty-eight individuals. Those subjects then were classified into three groups, namely active TB, latent TB, and healthy individuals. Each of the groups consisted of sixteen individuals (33.33%).

Based on the data, the number of male patients in the active TB group was twelve individuals (75%), higher than the females. Meanwhile, in the latent TB group, the number of female patients was higher than males, as many as 11 individuals (68.8%).

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Groups</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Healthy individuals</td>
</tr>
<tr>
<td>Number of subjects</td>
<td>16</td>
</tr>
<tr>
<td>Sex (%)</td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>8 (50%)</td>
</tr>
<tr>
<td>Female</td>
<td>8 (50%)</td>
</tr>
<tr>
<td>Age (Mean ± SD)</td>
<td>37.94±10.325</td>
</tr>
<tr>
<td>Age range</td>
<td>18 – 53</td>
</tr>
</tbody>
</table>

Unlike those two groups, the number of males in the healthy group was the same as the number of females, as many as eight individuals (50%). In other words, males had a higher risk factor for active TB than females. Similarly according to the Global Tuberculosis Report in 2015, in 9.6 million new cases of TB in the world, 5.4 million of them were found in male patients, while 3.2 million of them were found in females, and 1 million of them were found in children.\(^1\)

Furthermore, the mean age of the three groups was not much different (almost same) as depicted in Table 1.

The highest mean IFN-γ level after the stimulation of ESAT-6, and CFP-10 antigens was found in healthy individuals. However, there was no significant difference in the mean IFN-γ levels among those three groups (p=0.359) as illustrated in Table 2.
Similarly, a research conducted by Surcel, et al.,\(^\text{18}\) showed that there was no significant difference in IFN-\(\gamma\) produced by lymphocytes in PBMC of TB patients and healthy individuals who received in vitro \(M.\) \textit{tuberculosis} antigen stimulation (\(p>0.05\)).\(^\text{18}\) Increased proinflammatory cytokine production by ESAT-6, and CFP-10 fusion antigens then may increase antigen benefit for vaccine development.\(^\text{9}\)

The mean levels of IL-10 after the stimulation of ESAT 6, and CFP-10 antigens in active TB patients, latent TB patients, and healthy individuals increased. IL -10 levels in PBMC of healthy individuals were higher than in latent TB, and active TB patients, ranging from 31.30 to 958 pg/mL with a mean value of 215.37 pg/mL, and a standard deviation of 218.75 pg/mL. However, there was no significant difference in the levels of IL-10 among the three groups after the stimulation of ESAT-6, and CFP-10 antigens (\(p=0.712\) as presented in Table 3).

Table 2. IFN-\(\gamma\) levels in PBMC of patients with active and latent TB as well as healthy individuals after the stimulation of ESAT-6, and CFP-10 antigens

<table>
<thead>
<tr>
<th>IFN-(\gamma) Levels</th>
<th>Groups</th>
<th>p-value*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Active TB</td>
<td>Latent TB</td>
</tr>
<tr>
<td>Mean± SD</td>
<td>371.38±721.28</td>
<td>260.12±368.56</td>
</tr>
<tr>
<td>Median (min-max)</td>
<td>27.39(0.07 – 2114)</td>
<td>115.53(6.84 – 1381)</td>
</tr>
</tbody>
</table>

* Significant if \(p<0.05\)

In this research, IFN-\(\gamma\) levels in latent TB patients after stimulation of ESAT-6, and CFP-10 antigens were lower than in healthy individuals. Nevertheless, factors causing the lower IFN levels in those latent TB patients were not studied further in this research. There were some factors causing it, including the effects of genetic factors as, reviewed by Maderuelo \textit{et al.},\(^\text{19}\) Maderuelo \textit{et al.},\(^\text{19}\) argued that there was an abnormal IFN-\(\gamma\) + 874 T / A gene polymorphism, playing a role in the production of IFN-\(\gamma\).\(^\text{19}\)

Besides, the status of host’s nutrition may also affect the production of IFN-\(\gamma\). Unfortunately, this research could not prove how much influence the nutritional status had on the immune response. Research conducted by Chandra\(^\text{20}\) ever found that nutrient deficiency can lead to decreased immune response, phagocyte function, cytokine production, and the complement system. This previous research showed how rats intentionally were given a low-protein diet (2%) were more susceptible to \(M.\) \textit{tuberculosis} infection than rats getting enough dietary protein (20%). Those rats with low-protein diets indicated the decreased levels of IFN-\(\gamma\), TNF-\(\alpha\), and nitric oxide.\(^\text{20}\)

Table 3. IL-10 levels in PBMC of patients with active and latent TB as well as healthy individuals after the stimulation of ESAT-6, and CFP-10 antigens

<table>
<thead>
<tr>
<th>IL-10 Levels</th>
<th>Groups</th>
<th>p-value*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Active TB</td>
<td>Latent TB</td>
</tr>
<tr>
<td>Mean± SD</td>
<td>177.71±109.36</td>
<td>175.80±100.15</td>
</tr>
<tr>
<td>Median (min-max)</td>
<td>181.30 (16.70 – 328.80)</td>
<td>170.25 (29.70 – 323.60)</td>
</tr>
</tbody>
</table>

* Significant if \(p<0.05\)

As the results of this research, a research conducted by Joshi, \textit{et al.}\(^\text{21}\) also revealed that there was an elevated level of IL-10 in active, and latent TB serums compared to in healthy ones, but the difference was not significant. The higher mean IL-10 concentration in healthy individuals than in the other two groups is caused by polymorphism genes affecting the in-vitro secretion of cytokines. Similarly, there is an opinion that mutations in cytokine genes can affect the number of cytokines produced, resulting in an irregular immune response.\(^\text{21}\) IL-10 actually can also be produced by other immune cells, such as T CD8\(^+\), B cells, eosinophils, and mast cells, but the pathways used by these cells to induce IL-10 are still not known.\(^\text{16}\) Besides, the increased levels of IL-10 can also be caused by other
infections, especially infections that often occur in tropical countries.\textsuperscript{22}

**CONCLUSION AND SUGGESTION**

In conclusion, there was no difference in IFN-\(\gamma\), and IL-10 levels of all three groups after simulation of \(M\). \(tuberculosis\) antigens, ESAT-6, and CFP-10. Therefore, it is necessary for further researches to focus more on nutritional status and also to conduct in areas that are not endemic TB, so the possibility of exposure to \(M\). \(tuberculosis\) is smaller than in this study.

**REFERENCES**

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