

Serum Copeptin as the Predictor for Acute Heart Failure Complication of Acute Myocardial Infarction in Patients with ST-Segment Elevation

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ABSTRACT

Acute Myocardial Infarction (AMI) is necrotic cardiac muscle cells due to unstable ischemic syndrome. Therapy monitoring is needed because various complications may occur (Heart Failure/HF). ST-Segment Elevation Myocardial Infarction (STEMI) can develop to Acute Heart Failure (AHF) due to myocardial dysfunction, transmural heart disease, pathological cardiac remodeling. Copeptin is an antidiuretic hormone which increases in the cardiac event. It can be used as a predictor of a further cardiac event. This study aimed to determine the role of serum copeptin level as a predictor of AHF complication in STEMI patients. A prospective cohort study was performed in 85 adult STEMI patients admitted to the Clinical Pathology Installation of Dr. Moewardi Hospital, Surakarta. Data with normal and abnormal distribution were presented in mean±Standard Deviation (SD) and median (min-max), respectively. Statistical analysis was performed using Kolmogorov-Smirnov, bivariate, and multivariate analysis for Relative Risk (RR) with Confidence Interval (CI) of 95% and $p < 0.05$ was considered significant. The copeptin cut-off point was determined using the ROC curve. Bivariate and multivariate analysis showed a higher copeptin level in STEMI patients with AHF compared to that of non-AHF (RR=5.172, CI 95% 1.795-14.902, $p=0.002$ and RR=1.889, CI 95% 1.156-3.086, $p=0.001$; respectively). The STEMI patients with an elevated level of copeptin showed an increased risk of AHF (STEMI with elevated copeptin level vs. STEMI with normal copeptin level; 28.74% vs. 88.91%). Copeptin level is significantly related to AHF complication in STEMI patient, the higher level of copeptin led to the higher the risk of AHF.

Keyword: ST-segment elevation myocardial infarction, copeptin, acute heart failure

INTRODUCTION

Acute Myocardial Infarction (AMI), both AMI with STEMI and non-STEMI (NSTEMI) are emergency cardiac events which have a fairly high morbidity and mortality.¹ Acute myocardial infarction with elevated ST-segment is acute angina pectoris with persistent elevation of ST-segment in two adjacent leads.^{1,2} It also one of the health problems in Indonesia. The survey released by the Indonesian Ministry of Health (Kemenkes RI) showed that Coronary Heart Disease (CHD) ranks third as the leading cause of death after stroke and hypertension.^{3,4} According to Basic Health Research in 2007, 5.1% of all deaths were caused by ischemic heart disease, and 4.6% of deaths were caused by heart disease.⁵

Heart Failure (HF) is a group of complex symptoms, which include shortness of breath at rest or during activities with/without fatigue, signs of fluid retention (pulmonary congestion or ankle swelling), and the presence of objective finding of impaired structure or function of resting heart.⁶ Diagnosis of Acute Heart Failure (AHF) is made when a patient exhibits acute signs and symptoms of HF,

usually accompanied by decompensated cardiomyopathy.²

Acute heart failure complications can occur in STEMI. It generally occurs in the acute and subacute phase. It is caused by myocardial dysfunction, microvascular obstruction of the anterior wall, and the consequences of sustained arrhythmias or mechanical complications.^{1,7} Non-invasive cardiac markers with good sensitivity and specificity are needed as predictors of STEMI patients, especially for monitoring the complications of AHF.²

Some cardiac markers that function for prognostic evaluations include B-type Natriuretic Peptide (BNP) and N-terminal BNP prohormone (NT-proBNP) which are considered very good to assess the prognosis of AMI.⁸ But these markers still have some disadvantage as they are too dependent on age, kidney function, and the variation of BNP plasma, which shows the remarkably big difference over time.⁹

Study on prognostic markers of heart disease continues to develop until now, one of them is copeptin.¹⁰ Copeptin compounds consist of the C-end peptide of proavopressin, and Arginine Vasopressin

(AVP) precursor, a hypothalamic antidiuretic hormone.⁷ Its synthesis follows Arginine vasopressin in neurohypophysis or posterior pituitary and is triggered by decreased cardiac output, increased state of osmolality, and physiological stress.^{11,12} Arginine vasopressin only lasts 5-15 minutes in ambient temperature, it has a small molecular size, low platelet affinity (< 90%), difficult storage and it takes much time of test (12-24 hours).^{7,10} Contrastingly, copeptin has long-endurance (7-14 days) in room temperature, high platelet affinity (> 90%), large molecular size, easy storage and it requires less time of test (1-5.5 hours).^{11,12} Copeptin can be used as a diagnostic and prognostic agent, especially in patients with cardiac abnormalities.¹³

Studies on copeptin level as a predictor of AHF events in AMI patients have been carried but still few are performed in Indonesia. Therefore, we performed this study to analyze the copeptin level as a predictor of AHF complication in STEMI patients.

METHODS

This observational analytical study with a prospective cohort approach was performed on newly diagnosed STEMI patients who were admitted to the RSDM (Rumah Sakit Doktor Moewardi) Emergency Department (ED) and treated at RSDM Surakarta between October and December 2018.

All adult patients with newly diagnosed STEMI based on PERKI standard (angina pectoris with ECG showing ST-segment elevation and cTnI increase at T0 \geq 100 ng/L or T2 hours \geq 10 ng/L and creatinine kinase-myocardial binding – CKMB-mass of 4.3 ng/L) and signed informed consent were included in our study. The exclusion criteria were patients with a

previous history of heart failure, previous AMI or the other heart failure disease, impaired kidney function, liver function disorder, and acute infection (leukocyte count above the normal range).¹⁴ This study involved 85 patients using the Killip score criteria to determine AHF classification as follows: class I: no symptoms, class II: S3 and basal rales, class III: class II with acute pulmonary edema, class IV: class III with cardiogenic shock. Laboratory parameters for this study were high sensitive troponin I measured with mini vidas based on the Enzyme-Linked Fluorescent Assay (ELFA) method, sodium (hyponatremia) measured with Ilyte based on ion-selective electrode method, and copeptin measured with Rayto RT 2100 C based on enzyme-linked immunosorbent assay method. Elabscience human CPP (copeptin) Elisa kit was used for copeptin levels measurement in this study.

The accuracy and the precision of laboratory equipment were tested, to ensure the quality of the test results. The characteristics of the study subjects were presented in mean and Standard Deviation (SD). Bivariate and multivariate analyses were performed. Statistical analysis was processed by using a computer program, with a p-value of < 0.05 and 95% CI was considered significant. This study was approved by the Ethics Committee of Dr. Moewardi Hospital Surakarta (14778/UN27.06.7.10/PP/2018).

RESULTS AND DISCUSSION

The baseline characteristics of the subject's study and the characteristics of the research variables are shown in Table 1 and Table 2, respectively.

The subjects in this study had a median systolic and diastolic blood pressure of 110 and 70 mmHg,

Table 1. Baseline characteristics of the study subjects

Variable	n (%)	Mean \pm SD/Median (min - max)
Systolic (mm/Hg)**		110 (80 – 164)
Diastolic (mm/Hg)**		70 (40 – 102)
Respiratory rate (/minute)**		25 (16 – 32)
HR (/minute)*		90.88 \pm 14.88
Killip: I	24 (28.2)	
II	48 (56.5)	
III	10 (11.8)	
IV	3 (3.5)	
Smoking: Yes	34 (40)	
No	51 (60)	
Outcome: Life	81 (95.29)	
Death	4 (4.71)	

* = normal distribution; ** = abnormal distribution; mmHg = milimetre of Mercury; HR = Heart Rate; SD = Standard Deviation; n = sample

Table 2. Variable characteristics

Variable	n (%)	Mean±SD/Median(min-max)
Gender: Male	60 (70.6)	
Female	25 (29.4)	
Age (years)*: < 60	42 (49.4)	60.91±14.02
≥ 60	43 (50.6)	
DM: Yes	31 (36.5)	
No	54 (63.5)	
HT: Yes	53 (62.4)	
No	32 (37.6)	
AHF: Yes	61 (71.8)	
No	24 (28.2)	
hs-trop I (ng/L)**: < 56.3	30 (35.3)	346 (41 – 4000)
≥ 56.3	55 (64.7)	
Sodium (mmol/L)**: > 130	81 (95.3)	136 (126 – 146)
≤ 130	4 (4.7)	
Copeptin (pg/mL)*: < 207.5	27 (31.8)	311.34±235.26
≥ 207.5	58 (68.2)	

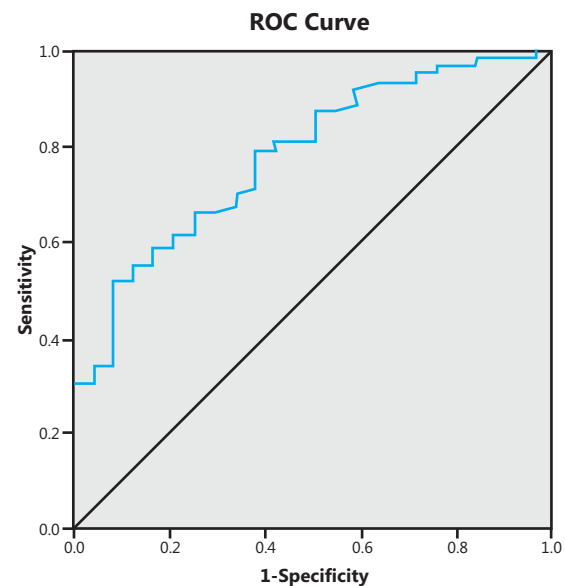
* = normal distribution; ** = abnormal distribution; DM = Diabetes Melitus; HT = hypertension; AHF = Acute Heart Failure; pg/mL = picogram per millilitre; ng/L = nanogram per litre; mmol/L = millimole per litre; n = sample; SD = Standard Deviation; min = minimum; max = maximum.

respectively. This study showed the median of respiratory rate of 25/minute and the average of the Heart Rate (HR) of 90.88±14.88/minute. Forty-eight subjects (56.5%) in this study were classified in Killip II. This study population was dominated by patients without any history of smoking (51-60% subjects). Eighty-one subjects (95.29%) survived and 4 subjects (4.71%) died when they were discharged from the hospital (Table 1).

There were 85 subjects in this study consisting of 60 males and 25 females. The average age of this study was 60.91±14.02 years. There were 31 subjects with DM and 54 subjects without DM. Hypertension was observed in 53 subjects (62.4%) and 32 subjects (37.6%) without HT. The average copeptin level was 311.34±235.26 pg/mL. The median for hs-troponin I and serum sodium levels (Table 2) was 346 (41-4000) ng/L, 136 (12-146) mmol/L, respectively.

The ROC curve showed the diagnostic performance of copeptin as AHF predictors (Figure 1). Based on the ROC and AUC curve, we obtained visual information and the number of predictions (AUC) of the copeptin level used to predict the occurrence of AHF. The selected cut-off point of copeptin was ≥ 207.5 pg/mL and that of AHF was 77.7% with 95% CI between 67.2 and 88.1% (Table 3).

This study showed that the levels of copeptin ≥ 207.5 pg/mL, copeptin < 207.5 pg/mL, hs-troponin I

**Figure 1.** Copeptin ROC curve

≥ 56.3 ng/L, hs-troponin I < 56.3 ng/L, sodium serum ≤ 130 mmol/L and sodium > 130 mmol were found in 58 (68.2%), 15 (31.8%), 55 (64.7%), 30 (35.3%), 4 (4.7%) and 81 (95.3%) subjects, respectively.

The 2x2 test of HF complications with age, gender, history of HT, history of DM, copeptin, hs-troponin I and sodium serum levels that might affect the results found the value of RR (CI 95%) for gender, age, history of DM, HT, hs-troponin I, sodium

Table 3. Diagnostic performance of copeptin as the AHF predictor

Copeptin (pg/mL)	Sensitivity (CI 95%)	Specificity (CI 95%)	Accuracy (CI 95%)
200.000	80.3	54.2	64.3
204.000	78.7	58.3	63.8
207.500	78.7	62.5	66.8
209.000	77.0	62.5	66.4
213.000	75.4	62.5	65.9

pg/mL = picogram per milliliter; CI = Confidence Interval

Table 4. Bivariate analysis among variables as the AHF predictor

Variable (unit)	AHF Complication				RR (CI 95%)	p
	Yes	%	No	%		
Gender:						
Male	44	51.8	16	18.8	1.082 (0.783 – 1.495)	0.621
Female	17	20	8	9.4		
Age (years):						
≥ 60	31	36.5	12	14.1	1.016 (0.635 – 1.626)	0.946
< 60	30	35.3	12	14.1		
DM:						
Yes	23	27.1	8	9.4	1.131 (0.590 – 2.170)	0.705
No	38	44.7	16	18.8		
HT:						
Yes	41	48.3	12	14.1	1.344 (0.869 – 2.081)	0.143
No	20	23.5	12	14.1		
hs-Trop I (ng/L):						
≥ 56.3	43	50.6	12	14.1	1.694 (0.971 – 2.958)	0.077
< 56.3	18	21.2	12	14.1		
Sodium (mmol/L):						
> 130	59	69.3	22	25.9	1.055 (0.927 – 1.201)	0.325
≤ 130	2	2.4	2	2.4		
Copeptin (pg/mL):						
≥ 207.5	48	56.5	10	11.8	1.889 (1.156 – 3.086)	0.001
< 207.5	13	15.3	14	16.4		
Total	61	71.8	24	28.2		

AHF = Acute Heart Failure; DM = Diabetes Melitus; HT = hypertension; pg/mL = picogram per milliliter; ng/L = nanogram per liter; mmol/L = milimole per liter; RR = Relative Risk; trop = troponin; CI = Confidence Interval; p < 0.05 is significant.

Table 5. Multivariate analysis among variables as the AHF predictor

	RR	CI 95%		p
		Min	Max	
Hypertension	1.62	0.566	4.644	0.368
hs-troponin I	2.42	0.810	6.916	0.116
Copeptin	5.17	1.795	14.902	0.002
Constant	0.403			0.136

RR = Relative Risk; CI = Confidence Interval; min = minimum; max = maximum

and copeptin levels were 1.082 (0.783-1.495; p=0.621), 1.016 (0.635-1.626, p=0.946), 1.131 (0.590-2.170, p=0.705), 1.344 (0.869-2.081, p=0.143), 1.694 (0.971-2.958, p=0.077), 1.055 (0.927-1.201, p=0.325), and 1.889 (1.156-3.086, p=0.001), respectively. In this study, a significant result of the copeptin level of ≥ 207.5 pg/mL found in STEMI patients who had 1.9 times of risk to be affected by AHF (Table 4).

Multivariate analysis was performed if the

variables showed $p < 0.25$ in bivariate analysis.¹⁴⁻¹⁶ In this study there were three variables with $p < 0.25$ (HT history, $p=0.143$; hs-troponin I, $p=0.077$; copeptin, $p=0.001$); therefore, the multivariate analysis was performed on the three parameters (Table 5). The variables affecting the occurrence of AHF were HT history, hs-troponin level, and serum copeptin level. The strength of the relations could be seen from the RR value, with the largest and the smallest relations strength were serum copeptin (RR = 5.17) and

history of HT (RR = 1.62).

The multivariate formula is $y = \text{constant coefficient} + \text{coefficient (history of HT)} + \text{coefficient (hs-troponin I)} + \text{coefficient (copeptin)}$. Hospitalized patients with STEMI without abnormalities such as a history of hypertension, increased levels of hs-troponin I and increased serum copeptin were 28.74% more likely to have AHF during hospitalization.

Hospitalized patients with STEMI and some abnormalities such as a history of hypertension, increased hs-troponin I levels and increased serum copeptin were 88.91% more likely to have AHF during hospitalization.

In this study, 61 and 24 patients showed AHF and no complications, respectively. The population of male patients with AHF complications was greater than female (51.8% vs. 20%, OR = 1.082, 95% CI 0.783-1.495). This finding was contradictory to the research of Cahill and Kharbanda, which reported that post-AMI-EST AHF patients were dominated by females (OR = 1.34, 95% CI: 1.1-1.51).¹⁵ This is due to the incomparable average age of each gender in this study, which showed that females were dominated by < 60 years of age (15 patients; 17.64%), while males were dominated by age \geq 60 years (33 patients; 38.82%). In this study population, there were a higher number of male subjects with DM and AHF (22 patients; 25.88% vs. 9 patients; 10.56%), HT and AHF (38 patients; 44.71% vs. 15 patients; 17.65%).

The average age of this study was 60.91 ± 14.02 years, similar to the study by Ghossein *et al.* suggesting that post-AMI-EST AHF patients were more common at the age above 60 years.¹⁶ These findings were also in accordance to research by Nunez *et al.*, which showed an increase in HR (1.96; 95% CI 1.52-2.54) for each additional age of ten years, there was a decrease in organ function and a decrease in the effectiveness of both intervention and medical therapy.¹⁷

The history of DM with AHF complications in this study was found in 23 subjects (27.1%), which was a contrast to a study by Ammar, in which the patients with a history of DM were more affected by AHF than those without a history of DM. If the glycemic index is well controlled, the incidence of insulin resistance that can trigger AHF will decrease.¹⁸

The history of HT with AHF complications was found in 41 subjects (48.2%). This finding was similar to the study by Carillo *et al.*, which showed that a group of post-AMI hypertensive patients had a higher number of HF complications compared to the group without hypertension.¹⁹ This finding was also

supported by research by Ali *et al.*, which found 19.7% of patients with HF complications with a history of hypertension and 12.9% of patients with no HF complications in hospital care ($p < 0.05$).²⁰ Left ventricular hypertrophy in HT patients associated with the enlarged size of cardiac myocytes, accompanied by an increase in the number of non-myocytes (fibroblasts), accumulation of collagen, and infiltration of monocytes and lymphocytes. Therefore, patients with a history of HT and AMI are very susceptible to HF complications.²⁰

The levels of hs-troponin I was above the cut-off value (56.3 ng/L) with complications of AHF found in 43 subjects (50.6%). This result was similar to the journal review by Feistritz *et al.*, which suggested hs-troponin as a good non-invasive parameter that detects complications after post-AMI.²¹ Cardiac troponin is a component of contractility of cardiomyocytes, which is gradually released into circulation as a response to myocardial injury. When HF complications occur, high levels of cardiac troponin are released into circulation. The cardiac troponin parameter is not only used for diagnostics but can also be used as a prognostic. Also, some studies use hs-troponin as a predictor of death in post-AMI patients.²¹

Decreased sodium levels with complications of AHF were found in two subjects (2.4%), showing a contradictory result to study by Ma, suggesting that hyponatremia was good as a predictor of post-AMI HF (cut-off: ≤ 130 mmol/L), while sodium levels > 130 mmol/L with AHF complications were found in 59 subjects (69.4%).²² Medical cardiovascular disease and NaCl type infusion during initial admission can affect serum sodium levels (normal or even higher).

Serum copeptin levels above the cut-off value (207.5 pg/mL) with complications of AHF in 61 subjects (65.9%) in this study was in line with a study by O'Malley *et al.*, which suggested that copeptin is a strong prognostic biomarker for post-NSTEMI HF with a cut-off (12.70 pmol/L).²³ The difference between this research and the research by O'Malley *et al.* are sample populations, a cut-off of copeptin, and copeptin units. Copeptin is a peptide released during hemodynamic stress without its direct relationship to atherothrombosis, causing this parameter more suitable for predictors of AHF and death than recurrent events from NSTEMI.^{23,24}

This study demonstrated that serum copeptin could be used as an independent predictor of post-AMI-EST GK complication, whereas a history of HT and hs-troponin I could be used as additional predictors. Also, gender, age, history of DM, and

sodium could not be used as predictors of post-STEMI AHF complications. However, there were a limited number of patients included from a single recruiting medical center (single-center study).

CONCLUSION AND SUGGESTION

This study showed a statistically significant relation between serum copeptin levels and the incidence of post-STEMI complications. Gender, age, history of DM, history of HT, levels of hs-troponin I, and hyponatremia showed no significant relation to the incidence of post-STEMI complications in ICVCU patients at Dr. Moewardi Hospital.

Further study was needed to evaluate the relations of serum copeptin levels to the incidence of post-STEMI AHF complications, by using more samples and additional diagnostic parameters such as infarct area found in Computerized Tomography (CT), ejection fraction echocardiography, using APACHE-HF (acute physiology and chronic health evaluation heart failure) scoring and medical history.

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